



VARU PLAN™

We believe in the power of grounding yourself in the natural world, allowing its energy to flow through you, cleansing and revitalizing.

Jet Lag Express Facial

Jet lag can turn your holiday mood topsy turvy. Treat yourself to our Jet Lag Express Facial and say goodbye to exhaustion. The unique blend of local products and techniques provides ultimate relaxation. It reduces wrinkles, brightens your complexion, and makes you feel upbeat.

Yogayaam

Step into the tranquil world of “Yogayaam,” where the timeless practice of Thai massage and the restorative power of yoga stretching intertwine to create an unparalleled experience of deep relaxation and physical rejuvenation. Our signature therapy session is thoughtfully designed to cater to the needs of modern-day warriors seeking relief from the demands of a hectic lifestyle.

Stress Buster Massage

Feel tension melt away as the Stress Buster Massage works its magic. Skilled hands ease knots from your neck and shoulders, followed by a soothing head massage that quiets your mind and leaves you deeply relaxed. A true retreat for body and soul.

Tan Accelerator

Under the Maldivian sun, your skin effortlessly embraces a golden glow. The ELENA Tan Accelerator therapy uses organic local products to boost your skin's natural melanin production, ensuring a safe and radiant tan. With every touch, your sun-kissed complexion feels as natural and beautiful as the paradise around you

Ideally to be Taken within the First Two Days of Arrival

Terms & Conditions;

- Eligible for adults (18 years and above) subject to the duration of the stay; one 45 minutes Spa treatment for every 4 nights per person per stay.
- The spa booking confirmation is subjected to availability of the requested time.
- Please give notice of rescheduling or cancellation minimum of 5 hours before your reservation time. If such information is not provided or not show up will cause to cancellation of service •For further information or reservation, please contact ELENA Spa, extension 941

